

# Orientation Day 1

Name: \_\_\_\_\_

1. Some materials that could potentially contain asbestos are:

Spray on insulation and  
roofing materials

Decorative coatings and  
textiles

Cable insulation

All of these

2. The most common way for asbestos fibers to enter your body is through:

Skin Contact

Inhalation

Ingestion

3. During an active shooter event, always try fighting and incapacitating the attacker before anything else.

True

False

4. CPR is used for people who are conscious and choking.

True

False

5. In a serious medical emergency, you may only have a few minutes to act.

True

False

6. If you administer first aid to a bleeding coworker, you may be exposed to bloodborne pathogens.

True

False

7. PPE is effective in preventing exposure to bloodborne pathogens

True

False

8. Hypothermia only occurs in temperatures below freezing.

True

False

9. Using compressed air to dust off your clothes is good practice.

True

False

10. You should be trained and skilled in the vehicle you are driving.

True

False

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11. When must the DVIR be turned in?

Once you have a stack of them

Within 24 hours

Within the week

You do not need to turn them in

12. When should you utilize a spotter while backing?

When it is convenient

Never, you can handle it

Always utilize an available spotter

When time allows the use of a spotter

13. Motor vehicle accidents are the THIRD most common cause of workplace fatalities in the USA

True

False

14. When traveling in congested city traffic, how long should you give yourself to react to other vehicles?

6 to 9 seconds

7 to 10 seconds

12 to 15 seconds

15. Fatigue only affects the person experiencing it.

True

False

16. Fire extinguishers only need to be inspected yearly.

True

False

17. Make sure when putting out the fire you can see the exit in front of you.

True

False

18. California's "right-to-know" law is designed to inform you about workplace chemical hazards

True

False

19. Health hazards of chemicals could include:

Damage to eyes and respiratory system

Poisoning

All of these

20. Heat illness only affects the young, old, and out of shape.

True

False

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21. An engineering control that can be implemented to reduce the chance of heat illness is:

Ventilation

Spot cooling

All of these

22. What causes 90% of accidents

Unsafe conditions

Human Error

Acts of God

Poor Planning

23. Never send personal information over email unless you are sure who you are sending it to.

True

False

24. Lead enters your body through inhalation or ingestion of lead dust or fumes.

True

False

25. Hearing protection will reduce the probability of damage to you hearing.

True

False

26. PPE should be inspected:

Before each use

Once a week

Once a month

Once a day

27. PPE is the last line of defense against potential hazards

True

False

28. Obstructed views can aid in slips, trips and falls.

True

False

29. At which Air Quality Index (AQI) will respirators be provided for voluntary use?

AQI 500

AQI 22

AQI 151

AQI over 9000