# **MEMBER ASSISTANCE PROGRAM (MAP)**

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You and your covered dependents can use the Member Assistance Program (MAP) if you are eligible for LINECO benefits.

The Member Assistance Plan is administered by Beacon Health Options, a professional mental health care counseling and management organization. Beacon Health Options has thousands of experienced, professional counselors to help you with any kind of personal problem.

#### Help is available for a wide variety of problems.

The Member Assistance Plan can help you and your family with personal, emotional, work and family matters, including marital or family problems, childcare and elder-care, alcohol and/or substance abuse, emotional problems, depression, anxiety and stress, job dissatisfaction, family illness, and financial or legal concerns.

Call Beacon Health Options at 1-800-332-2191

### **Free Counseling Services**

Any services you receive from the Member Assistance Plan are completely confidential.

You and your eligible dependents receive MAP counseling services at no cost to you for up to six face-to-face office visits per problem. There are no deductibles, co- payments or claim forms involved. You must call Beacon Health Options in order to get your 6 free visits. Your call, your meeting and any discussions you have will be kept completely confidential.

MAP counselors include a wide variety of licensed professional mental health practitioners. The Care Manager will select the type of specialist best suited to your particular circumstance. If there are no counselors in your geographic area who can assist you, you will be referred to a counselor who is not affiliated with the MAP. In that case, your first 6 office visits will be treated the same as if your visits were with a MAP counselor. Any other covered care you receive for that counselor will be paid as out-of-network (70% after the deductible).

You can access the Member Assistance Program 24 hours per day, 365 days per year at 1-800-332-2191.

## **Legal and Financial Services**

The Member Assistance Program also provides access to a national network of independent attorneys who have experience in a variety of legal areas. You can receive legal advice about bankruptcy, estate planning, taxes, family law, consumer and financial matters, and certain criminal offenses, including driving under the influence (DUI/DWI).